



## WEST MIDLANDS EDUCATION & SKILLS

Relationships and Sex Education

(RSE)

Policy

## **Statutory Requirements**

The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the children and Social Work Act 2017, make Relationships and Sex Education (RSE) compulsory for all students receiving secondary education.

## **Definition**

RSE is about the emotional, social and cultural development of students, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity. RSE involves a combination of sharing information, and exploring issues and values.

**Relationships and Sex Education is not about the promotion of sexual activity.**

## **Delivery of Relationships and Sex Education**

RSE is taught within the school's personal, social, health and economic (PSHE) education curriculum. Biological aspects of RSE are taught within the science curriculum.

We have also introduced a new qualification to the curriculum: NOCN Level 1 in Personal Wellbeing.

This consists of 21 units, and students will develop skills in:

- Valuing Equality and Diversity
- Understanding Stress
- Understanding Risk
- Understanding Relationships
- Understanding Motivation
- Understanding Feelings and Emotions
- Understanding Eating Disorders
- Understanding Body Image
- Teamwork skills
- Sex and Relationships
- Recognising and Dealing with Bullying
- Personal Identity and Self-Esteem
- Making Decisions
- Interpersonal Communication Skills
- Individual Rights and Responsibilities in Society
- Healthy Lifestyles
- Enrichment Activity - Personal Well-Being
- Drugs and Substance Misuse
- Developing Confidence and Self-Esteem
- Developing Assertiveness
- Beliefs and Values

## **Responsibilities**

### **The Head of School**

The Head of School is responsible for ensuring that RSE is taught consistently across the school

### **Staff**

Staff are responsible for:

- Delivering RSE in a sensitive way
- Modelling positive attitudes to Relationships and Sex Education
- Monitoring progress
- Responding to the needs of individual students
- Responding appropriate to students whose parents wish them to be withdrawn from the non-statutory components of Relationships and Sex Education

### **Students**

Students are expected to engage fully in RSE and, when discussing issues related to Relationships and Sex Education, treat others with respect and sensitivity. Views of students will be sought to enhance the quality of the provision, to ensure there is regular validation from the students on the course.

### **Parents' right to withdraw**

Parents' have the right to withdraw their children from some or all of the sex education delivered as part of the statutory RSE.

Requests for withdrawal should be put in writing and addressed to the head of school. A copy of withdrawal requests will be placed in the student's induction folder. The head of school will discuss the request with the parents, and with the child to ensure that their wishes are understood and to clarify the nature and purpose of the curriculum, and take mutual appropriate action.

Appropriate alternative work will be given to students who are withdrawn from RSE.

### **Training**

Staff are trained on the delivery of RSE and meet on a regular basis with a member of the Senior Leadership Team and on INSET days.

The head of school will also invite appropriate organisations from outside the school such as Loudmouth, The Brook, Pause, to provide support and training to staff teaching RSE.

### **Monitoring arrangements**

The delivery of RSE is monitored by the Quality and Improvement Officer during learning walks, book scrutinies, lesson observations and student voice taken from student council and student questionnaires.

**This policy will be reviewed in August 2021**